BCCPAC Representation Report

7.7

February 2009

Submitted by: **Suzette Miller - Director**

Name of Event: EDUCATION PARTNERS' HEALTHY SCHOOLS COMMITTEE (*Attended in behalf of Pres. Ron Broda*)

Date of Event: January 20, 2009

Location of Event: BCSTA Boardroom , 1580 W. Broadway, Vancouver, BC

Present:
Anna Hunt-Binkley - BCSTA
Claire Avison - Ministry of Education / Ministry of Healthy Living
Wendy Lee – BCSSA, ED
Jim Iker – BCTF, 2nd VP
Les Dukowski – BCPVPA, President
Stephen Hansen – BCSTA, ED
Mike Gagel – BCSTA
Cathy Paterson – DASH , Project Manager

Purposes:
To provide opportunities for education partner members to exchange information on healthy schools related initiatives, policies and practices.

To examine and promote best practices for implementation of Comprehensive School Health, to support learning and health of BC students.

To identify issues and propose solutions with respect to healthy schools initiative.

Discussed :
Comprehensive School Health – presentation and discussion led by Claire Avison from MOE / Ministry of Healthy Living. It may also be known as " health promoting school " or coordinated school health. There are four distinct but inter-related pillars; social and physical environment, teaching and learning, healthy school policy, partnerships and services. When actions in all four pillars are harmonized, students are supported to realize their full potential as learners and as healthy productive members of society.

In the classroom, if the Comprehensive School Health is facilitated, students have shown improved academic achievement and can lead to fewer behavioural problems. In the broader school environment, it helps students develop the skills they need to be physically and emotionally healthy in life, according to 2007 issue of Journal of School Health.

Issues on Daily Physical Activities, Food Guidelines, Safe Available Water Supply, Healthy Living Fair and Hungry Kids were discussed. The Committee has agreed to invite experts on these topics as speakers for future meetings.

Canadian Cancer Society, BC / Yukon CEO, Barbara Kaminski gave an update on Advocacy regarding smoking, need for daily physical activities, protection of youth from excessive UV exposure and the use of pesticides.

The Terms of Reference in draft form was reviewed and eventually approved.

This was the first official meeting for this Committee in 2009. The next scheduled meetings will be in May 20, 2009 and October 28, 2009.